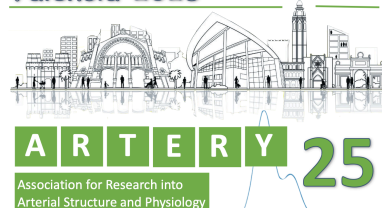


Valencia 2025



SAVE THE DATE!

October, 16 – 17 2025
 ICOMV Valencia, Spain
 Training School, October, 15 2025



The Present and Future of Arterial Hemodynamics: Training School for Early Career Researchers and Health Professionals

15 October 2025, Valencia, Spain

Ilustre Colegio Oficial de Médicos de Valencia

The Illustrious Official College of Physicians of Valencia



Dear colleagues,

my name is Enrique Rodilla, I am internist and head of the Hypertension and Vascular Risk Unit at Sagunto Hospital, in Valencia, Spain. I would like to briefly announce an upcoming event, **ARTERY25**, which aims to be more than just a regular medical conference and will take place from October 15th to 17th, 2025, at the Valencia Medical College.

It is organized by the **ARTERY Society** (<https://www.arterysociety.org/artery25/>), and supported by the **European Society of Hypertension** Working Group "**Large Arteries**" and will be held in Spain for the first time. The unique feature of this conference is that it will consist of two distinct parts. On Wednesday, October 15, 2025, we are organizing a "**Training School**" aimed at forming groups of 6-7 people who will rotate for a total of 3 hours in different rooms to learn and practice the following arterial study techniques:

- carotid-femoral PWV with applanation tonometry (CARDIEX)
- brachial-ankle PWV with oscillometry (MESI, MICROLIFE)
- carotid distensibility (ESAOTE)
- flow-mediated dilation (QUIPU)
- finger-toe PWV (POPMETRE)
- intima-media thickness (MINDRAY)
- oscillometric estimated PWV (IEM, CUSTOMED)

The congress itself will be held on Thursday and Friday, October 16th and 17th. This year's theme is "Linking biomedical research to vascular health targets: One coin, many sides!" **ARTERY** is a very interesting mix of researchers in basic science and daily clinical practice. There are three predominantly clinical sessions dedicated to antihypertensive, antidiabetic agents, lipid-lowering agents, and arterial stiffness as therapeutic targets.

Information about the Training School and the provisional scientific program is included in the webpage (<https://www.artery25.com/index.php?tk=81019646>). Portugal is close and Valencia is very well connected. We have made an effort to make the congress accessible with a fee of €150 for the Training School, €400 for the congress, and €450 for both combined. It seems that pharmaceutical companies that market antihypertensive, lipid-lowering, and antidiabetic agents are responding well to local requests for support from several units. We also offer discounts for groups of at least five researchers. And do not miss a multinational paella contest we are preparing.

We encourage you to show interest in conferences of this type, now that multidisciplinary approaches are losing ground. I'm including two multinational initiatives that have emerged within ARTERY and VascAgeNet:

Vascular Age Net (<https://vascagenet.eu/>)

TOGETHER-Project (www.together-project.com)

Looking forward to meeting you in Valencia, best regards,

Enrique

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